OBJECTIVES

Recognize the Integrated Model in the context of Teamwork

Identify the impact of an Integrated Model on Adolescent Well-being

Distinguish the basic components of integration within School-Based Health Centers
INTEGRATION

“Integrated care, the systematic coordination of general and behavioral healthcare. Integrating mental health, substance abuse, and primary care services produces the best outcomes and proves the most effective approach to caring for people with multiple healthcare needs.”

- SAMHSA-HRSA Center for Integrated Health Solutions
## Levels of Integration

<table>
<thead>
<tr>
<th>Coordinated</th>
<th>Co-located</th>
<th>Integrated</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Key Element:</strong> Communication</td>
<td><strong>Key Element:</strong> Physical Proximity</td>
<td><strong>Key Element:</strong> Practice Change</td>
</tr>
<tr>
<td>• Routine screening for BH problems conducted in PC setting</td>
<td>• Medical services and BH services located in same location</td>
<td>• Medical services and BH services located in same facility</td>
</tr>
<tr>
<td>• Referral relationship between PC and BH settings</td>
<td>• Referral process for medical cases to be seen by BH specialist</td>
<td>• One treatment plan with BH and Medical elements</td>
</tr>
<tr>
<td>• Routine exchange of information between treatment settings</td>
<td>• Enhanced informal communication between PC and BH providers</td>
<td>• Typically, a team working together to deliver care, using formal protocol</td>
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</tbody>
</table>
INTEGRATION FLOW

Patient walks in reporting “stomach ache”

PCP evaluates and denotes psychosomatic issues and/or Behavioral Health Concern

PCP calls for BHP Warm Handoff

Patient comes in for behavioral health appointment

BHP Establishes a relationships and agrees on follow up with patient
2 LENSES > 1 PERSON

PRIMARY CARE

BEHAVIORAL HEALTH
WORKING TOGETHER

- Huddles
- IDT (interdisciplinary meeting)
- Supervision
THE POWER OF TEAMWORK

• [https://www.youtube.com/watch?v=liayUeiP2gM](https://www.youtube.com/watch?v=liayUeiP2gM)
Why Integration? &
Why in School Based Health Center’s???
PREVENTION!!!

- Many psychiatric disorders begin in adolescence
  - Suicide
- Significant emotional, biological and psychological changes
  - “First’s”
  - Age of Rebellion
- Time of exploration and independence
  - Substance Use
  - Sex
Integrating care offers an important opportunity to reduce disparities.
YOUTH WORLD VIEW

• Personal Fable-Egocentrism in adolescence, omnipotence

• Formal Operations

• Identity vs. Identity Confusion, Intimacy vs. Isolation
SUPPORTING CHANGE

• Positive Promotion of Youth Development
  – Individual Factors
  – Quality of Interactions
  – Environmental Factors

• Engagement in Learning Environment
  – Increasing teacher demands
  – Greater need for efficient outcomes
GREATER IMPACT

• Delivery of Service
  – Time spent in school setting

• Public Health Prevention
  – Primary Prevention
  – Secondary Prevention
  – Tertiary Prevention

• Quality Management
School Needs?
School Staff Needs?
Youth Needs?

How would integration impact your school?
KEY PLAYERS

- Medical Professionals
- Behavioral Health Professionals
- Nursing Staff
- Front Office Staff
- Coordinators
- Administrators
- Supervisors
- IT Techs

- School Nurses
- School Principal
- Teachers
- School Counselors
- School Admin Staff
- Community Advocates
TOOLS & SKILLS

• Communication Skills
  – Motivational Interviewing
  – Active Listening

• Screeners
  – eSHQ
  – PHQ-A
  – GAD-7
  – CRAFFT
  – MDQ
PRINCIPLES OF EFFECTIVE INTEGRATED CARE

- Person-Centered Team Care
- Population-Based Care
- Measurement-Based Care
- Evidence-Based Care
- Accountable Care
GROUP ACTIVITY

Participants will be provided a “role” and vignette within school-based health centers. They will then work in a small group to identify their role within the team. Team will model a “huddle/IDT” and problem-solve case vignette.
• Integrated models
• Financing
• Clinical Practice
• Operations & Administration
• Toolkits
• Research

SAMHSA-HRSA
Center for Integrated Health Solutions

www.integration.samhsa.gov
REFERENCES


