

Decision Making Worksheet

1. What is my first reaction?

What is your first reaction?

2. What matters?

What matters most? WHY?

3. What fits? Which option fits best with your top value?

4. What don't you like about your decision?

Who will be hurt?

What values must you compromise?

5. Communicate your Decision:

- State your decision clearly and succinctly.
- Explain the top value(s) that drove your decision, and WHY you picked it/them as your top value(s)
- Describe your decision's downside(s)
 - What other important values did you have to leave behind?
 - Who stands to be hurt by your decision?